

**Pro Care wants you and your family to be healthy. Visit your doctor before to get all of your exams.**

**You or your child may need:**

**Children:**

- Well Child Visits
- All Shots
- Lead Test

**Women:**

- Pap Smear
- Breast Screen

**If you are pregnant:**

- Prenatal Visit before 12 week
- Postpartum Visit within 8 weeks of having your t



**If you have Diabetes:**

- Eye Exam
- Blood Pressure Check
- Blood Sugar Test
- LDL- Cholesterol Test

**If you have Asthma:**

- See your doctor for an exam
- Join the Smoking Program and stop smoking

Call your Pro Care nurse toll free at **877-255-3055** for a ride to your doctor's office.